

The image features four hands, each holding a different colored puzzle piece (red, green, blue, and yellow) that fits into a central black space. The hands are positioned at the corners of the frame, with their fingers resting on the puzzle pieces. The background is solid black.

Accountability

Own it!

A dark grey rectangular graphic with a thin white border. It contains the text 'BRINGING OUT' in a white, uppercase, sans-serif font, and 'the best' in a larger, orange, cursive script font below it. Two horizontal white lines with small diamond-shaped ornaments at their ends are positioned above and below the text.

BRINGING OUT
the best

RESPONSIBILITY



Accountability

Accountability is taking responsibility for your words, actions, and results.

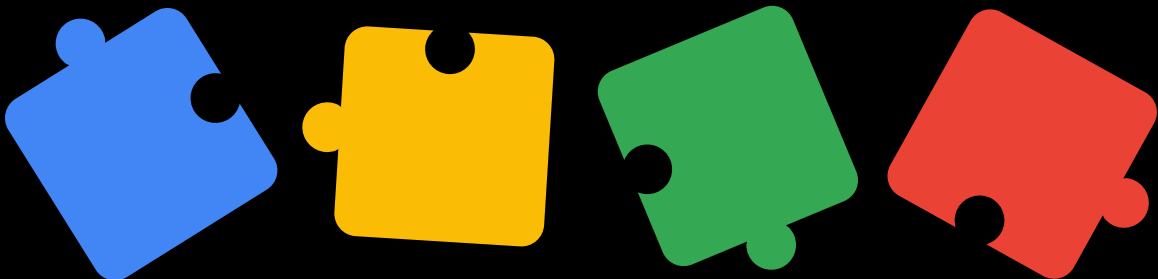


Accountability vs. Responsibility

Responsibility is SHARED among group members; accountability is NOT SHARED.

For example: WE are responsible to clean the house, but ONLY YOU are held accountable if you fail to bring cleaning supplies (if that was your commitment).

We are held accountable AFTER our irresponsibility, and must answer to those impacted.

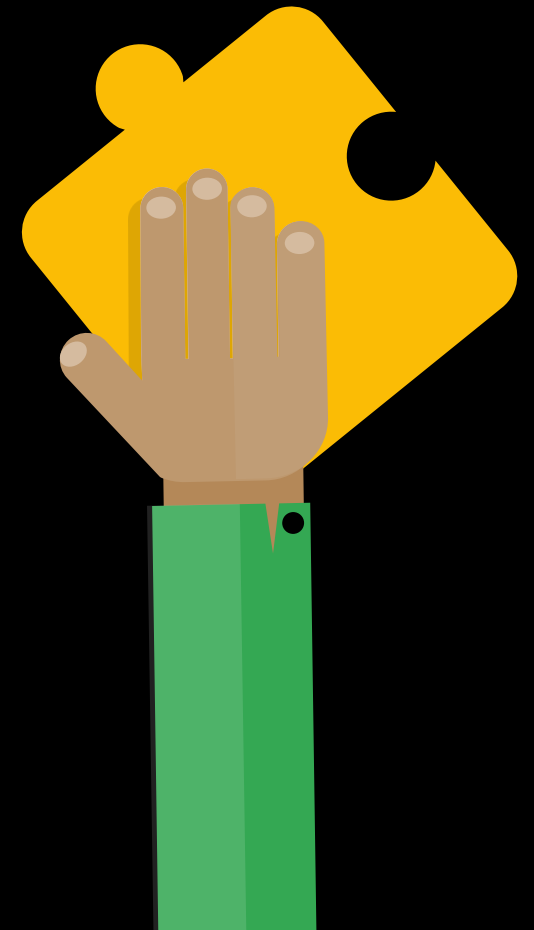


Personal Accountability Self Assessment

	Always 5	Usually 4	Sometimes 3	Rarely 2	Never 1
I create my own process and timelines for getting things done.					
I work on tasks and projects until they are done.					
I know when to ask for permission and when I have full responsibility to proceed.					
I know how to find information I need to get things done.					
I connect and learn about people so I know who I can reach out to if needed.					
I find out what I need to do even when I am not given.					
I do what is expected even when no one is watching.					
I actively seek out feedback from others.					
I seek out different ways to assess my knowledge, skills, and expertise.					
I let people know when I don't know something.					
I "own" my results and outcomes.					
I expect only what is earned.					
I do what I say I am going to do.					
I work through barriers to get things done.					
I can reverse my negative thoughts and feelings.					
I am proud that others can expect the same level of quality from me all the time.					
I have methods to keep myself on track.					
I know exactly what motivates me and I create tools to keep me motivated.					
I can report results for my personal and academic areas in my life.					
Total Scores					

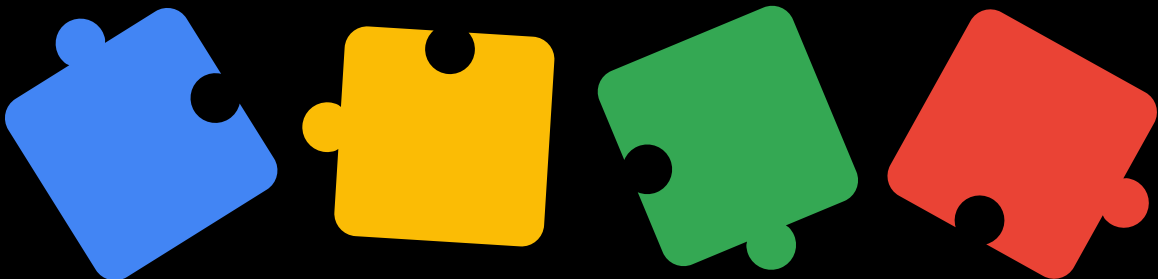
7 Habits of Highly Accountable Students

1. Be willing to take responsibility
2. Don't make excuses
3. Be on time
4. Be proactive and try to predict what needs to be done
5. Collaborate with others and ask for help when needed
6. Take responsibility to think of other options and solutions.
7. Appreciate but do not expect a pat on the back



Examples of Accountability

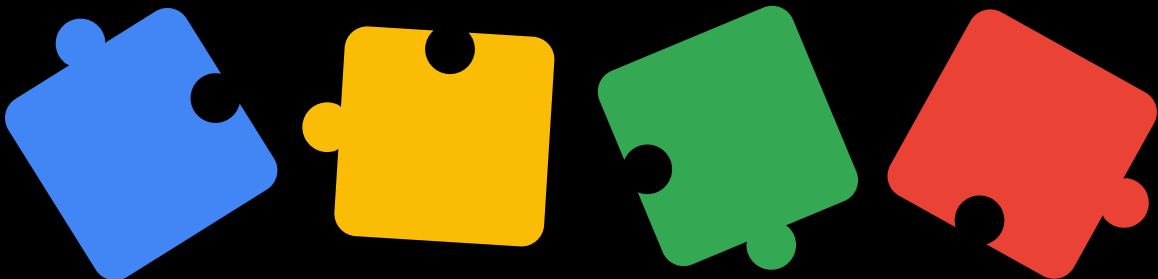
- Showing up a bit early in case of setbacks.
- Taking responsibility for mistakes and failures
- Taking ownership of actions that may have done harm to others
- Accepting criticism
- Following rules, and not avoiding the consequences
- If you make a mistake, admit it, apologize, and make amends if possible



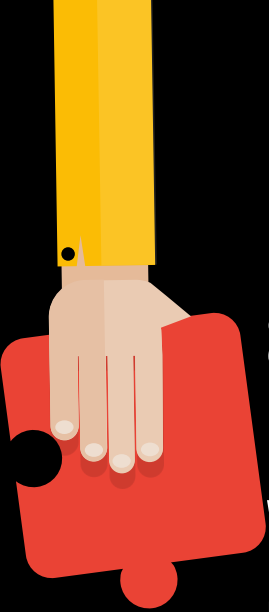
Discussion/Role Play

Maria plays high school basketball. One day during practice, she injures her knee and has to sit out the next few weeks. While she is injured, Maria loses her starting position on the varsity team, which makes her feel disappointed and angry. Maria does not rehab her knee the way she should and when she is cleared to play, she finds herself really struggling to keep up with the team. Maria decides life is being unfair to her. She spends the rest of the season on the junior varsity team.


- **Is Maria holding herself accountable? Why or why not?**
- **What could Maria have done to hold herself accountable and change the outcome?**



Discussion/Role Play



Sebastian is a freshman in high school. He usually has decent grades, but since school has been online, his grades have dropped from A's and B's and to D's and F's. Each week, he tells himself he is going to attend tutorials in the afternoon and bring up his grades, but he usually finds himself playing video games instead. The last week of the semester comes and Sebastian finally tries to catch up on his work. He talks to each of his teachers and tries to turn in a bunch of late work. Many of his teachers tell him it is too late and they cannot accept work that was due so long ago. Sebastian gets upset and decides to blame his teachers for his grades.



- Is Sebastian holding himself accountable for his grades? Why or why not?
- What could Sebastian have done to hold himself accountable and change the outcome?

Reflection Activity

Considering what you now know about what it means to hold oneself accountable, do you believe you tend to hold yourself accountable? Why or why not?

Provide one example of a time you held yourself accountable and provide one example of a time you failed to hold yourself accountable. What could you have done to be more accountable in that situation?



Home Connection

Set an academic and personal goal. Talk to a family member about your personal and academic goals. Set timelines to complete the goals. Meet with your accountability partner to discuss your steps toward meeting your goals.

